

# Self Directed Support

## What we do in Moray

As part of Support in the Right Direction (SiRD) Scotland, our SDS Project raises awareness and understanding of Self-Directed Support which aims to give individuals greater choice and control over their care package.

We support people relying on care support, their families, and carers to navigate the process across Moray by sharing information, supporting them to put across their views, and to access the care and support that best suits their individual needs.

We will support the person at every stage of the SDS process such as:

- Providing information to the person
- Communicating with social work departments
- Preparing the person for assessment
- Sitting with the person whilst going through the process
- Supporting the person through the process to employ a personal assistant including advertising
- Assisting the person construct their support plan
- Communicating with payroll providers
- Providing information about pension schemes
- Providing support to open dedicated bank accounts
- Working in partnership with organisations who offer training
- Dealing with complaints
- Informing individuals about various support organisations so they can make informed choices
- Encouraging participation in peer groups for the individuals considering self-directed support
- Assisting individuals to raise complaints and address important issues



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