

Youth Groups

Discover, Grow, Belong

Our youth groups cater to children and young people aged 7-19 that have diagnosis of disabilities and / or autism.

Within our welcoming and inclusive environment, we provide opportunities for members to engage in enriching experiences both term time, and during school holidays.

Key Principles:

1. Nurturing and Safe Environment

We create a positive and emotionally supportive atmosphere where members can express themselves freely, build trust with caring adults, and explore and learn in a space that values their individuality.

2. Skill Development, Outcome-Focused Inclusive Activities

Our youth group team provide personalised guidance and activities to help every individual on their journey toward achieving their goals, whether that be improving social skills, building self-confidence, or enhancing communication abilities. Our activities are carefully designed to be inclusive, allowing members of all abilities to participate

3. Building Friendships

We believe that fostering meaningful friendships is crucial for the social and emotional development of children and young people. Our groups are designed to create opportunities for members to connect with their peers, and promote a sense of belonging.

4. Community Engagement

Outings to local parks, attractions and events help our members to not only create fun memories, but also provide a chance to connect with the wider community, providing real-life experiences for social interaction.

For more information please contact:

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