# The Rose Scott



## LifeSkills programme

Do you want to meet new people, develop essential life skills, have fun and thrive?

### Our 6-10 week course is completely free!

- Groups consist of 6-8 people.
- Weekly 2 hour sessions.

your own business.

Trained facilitators adapt to your individual learning style.

• Themes include; finding and preparing for employment, personal development, understanding and manging money, improving digital skills and steps towards starting

\*For people aged 18 and over (parents can bring their children along)

#### Sessions held at:

Unit 40, Aston Business Park, Shrewsbury Avenue, Peterborough. PE2 7BF

#### For more information & to book your place contact:

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