

Do you use drugs and/or alcohol?

Do you use drugs and/or alcohol in a way which has a negative impact on your life or that of your family?

Do you feel that you are unable to access the support or services you need?

Do you feel that those who do support you, or provide a service to you, do not hear what you are saying or understand how you feel?

Contact us at:

40 Moss Street,
Elgin,
IV30 1RE

 **01343 559546**

Circlesnetwork.org.uk
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Registered Charity in England and Wales (No. 1043601) and in Scotland (No. SC038068) Registered Company Limited by Guarantee in England and Wales (No. 2972700)

Circles Advocacy Moray may be able to support you to:

- Have a say about the services you receive or feel you need.
- Understand your rights.
- Get the information you need to make informed choices.
- Raise issues you are concerned about.

We also support people with mental ill health, disabilities, Autism, chronic illness or older people who have more specific issues relating to health and social care services. We assist parents of children who are looked after by the local authority or are part of child protection procedures.

Our service is independent of all others and is confidential.



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