

If you would like to make an enquiry about how we can assist, or to speak to one of the team our operating times are Monday to Friday 9am - 5pm

# Circles Carers Advocacy Fife

**circles**  
ADVOCACY

Circles Network works across the United Kingdom delivering a wide range of person-centred community-based services and supports with disabled and disadvantaged people.

In Scotland we purely deliver advocacy services to maintain our independence in this area of work. The organisation was founded in 1994 and since then has grown and developed, always working in pioneering and creative ways to help people overcome the challenges which they face. To find out more about Circles Network, head to our website or contact one of the team in your area.

 01592 645360

 07909 002 582

 [info.fife@circlesnetwork.org.uk](mailto:info.fife@circlesnetwork.org.uk)

 [circlesnetwork.org.uk](http://circlesnetwork.org.uk)



Circles Network  
Ore Valley Business Centre  
Lochgelly  
Fife  
KY5 9AF



**Do you need support  
and guidance to  
understand and  
navigate the  
processes  
surrounding  
power of  
attorney,  
capacity or  
guardianship?**

Circles Network have a team of independent advocates ready to help you gain access to information, raise concerns or queries and ensure that you are ready, should your circumstances or those of the person you care for change.

Fife Health and Social Care Partnership has commissioned Circles Network to provide this service. The aim is to assist carers to take control of their caring situation and ensure the best possible outcomes for themselves and those for whom they care. Circles Carers Advocacy is designed to be pro-active, assisting carers to take steps to ensure that they have access to the services and supports that they need and can prepare for the future.

## This service is for:

- Unpaid carers across Fife
- Carers of an adult who doesn't have power of attorney in place for the person in receipt of their care.
- Carers who have found themselves in a situation where the person they care for has reduced capacity and a guardianship order has been put in place.
- Carers who want to know more about their rights and to have their voice heard.



## How do carers access the service?

- Carers can access the service by contacting our team directly, our contact information is on the back of this leaflet.
- Carers can come along to one of our drop-in sessions or events.
- Meetings can be arranged at our base in Fife or in a location convenient to the carer.
- Carers can join one of our online forums.



## What is the role of the advocate?

An advocate is someone who supports a person or a group of people to have a stronger voice. They are independent, they provide information but not advice. They are highly skilled at listening, truly listening.

They will help carers to know about and understand their rights, locate services and supports that they need and amplify what they want to say. Sometimes this can mean that an advocate will speak on their behalf at meetings.

