# Circles Advocacy

c Do you
need help ??
speaking up?

Would it help you to have an independent person explain things to you or to speak up for you?

### Circles Advocacy can help you with:

- Understanding your rights
- Advance Statements
- Named Persons
- Financial Concerns
- Family Concerns
- Completing forms
- Understanding clinical roles

# We can go to these formal meetings with you:

- Care Plan Approach
- Tribunals
- Lawyer meetings
- Court hearings and others

You can ask your advocate to attend other meetings relevant to your care



# What can I talk to my Advocate about?

You can speak to your advocate about anything that is affecting you

Doctors and nurses
Lawyers
Family and friends
Care plan
Community Psychiatric Nurses
Support workers and social workers

## We are a confidential service

Your advocacte will talk to you about our confidentiality policy.

# Advocacy can:

Encourage and help... without taking over

Support... without standing back

## Represent... your point of view

**Negotiate...** to try and reach the outcome you want

## Provide information...

so you can make an informed choice

## Accesstoindependent advocacy is your legal right

#### How do I contact my Advocate?

Your Advocate will visit the ward every week for a drop in. You can come along to discuss anything in relation to your care and treatment.

We also run ward council meetings where you can discuss collective issues.

If you need to see an Advocate for a particular issue, you can call:

#### 0141 232 6406



My Advocate is: My first ward drop in will be

date :....

time :.....



## CONTACT

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Rowanbank Clinic 133c Balornock Road Glasgow G21 3UL

Circles Network Advocacy is independent of all NHS and Social Work Services and acts according to Advocacy Principles and Standards. This service covers:

- . Rowanbank Clinic
- . Leverndale Hospital forensic wards
- . Community placement for the first 3 months after discharge

This service is funded by Greater Glasgow & Clyde Health Board

#### www.circlesnetwork.org.uk

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## Forensic AD Independent Advocacy

Helping you have a voice in your care and treatment

We provide you with the information and support you need to make an informed choice.

I want to be listened to

How do I contact a lawyer?

What is an Advance Statement?

# CIRCLES ADVOCACY