

ENRICH YOUR DAY




Would you like to get out more, meet new people and make new friends?

Enrich Your Day is a relaxed and friendly weekly group for adults of all ages and abilities who would like to spend time independently from their family and carers. We cater for everyone's interests - responding to and being led by the interests of the group members. Accessible pick-up service available in the Warwickshire area for an additional charge.

Some of the activities that you can choose to take part in are:

Trips out including nature walks, museum visits and meals out, Arts and crafts, Cooking, Pampering, Music and Song

Contact us to book a place or join us for a taster session:

A circular photograph showing a group of people sitting around a long table in a dining room, eating a meal. There are plates of food, glasses of orange juice, and a basket of colorful bread rolls on the table. The people are engaged in conversation and eating.

Circles Network is an established charity based in Rugby. In addition to group activities we also offer individualised day support and short breaks (previously known as respite) to children, young people and adults throughout Warwickshire and beyond.

ENRICH YOUR DAY

Every Thursday 10.30 - 3.30
Dunchurch, Rugby, CV22 6NL
Call to book your place
01788 816671
www.circlesnetwork.org.uk