



## Taking the Lead

Taking the Lead is an Equine Facilitated Learning project that offers a range of opportunities for personal development through working with horses on the ground. Taking the Lead offers individual and group sessions for; children, young people, adults, families, schools and other organisations plus children and adults from residential settings. We particularly welcome individuals who are disabled or disadvantaged.

## Taking the Reins

Taking the Reins, is an Equine Facilitated Learning project that offers a range of opportunities for personal development through working with horses on the ground. We particularly welcome individuals who are disabled and disadvantaged and have a very clear understanding about what helps and hinders people's personal development. Equine Facilitated Learning provides for giant leaps of progress in a wide range of aspects including self-confidence, mental health challenges exploring relationships and trust, communication and overcoming bereavement.

## Horses for Courses

Horses for Courses is an individual and person centred learning experience for secondary aged students. We offer this course at a number of different levels to suit a diverse range of abilities. We ensure that all participants have a sense of achievement throughout the course, by acknowledging and celebrating completion of individual modules. This course can benefit young people, including those wishing to move on to employment in the equine industry.

## Saturday Club

Saturday Club is a group based programme where children and young people who have completed their sessions through the Taking the Reins project can come along for a whole or half day. These are EFL sessions, arts and crafts, trips out to places like horse shows and events, opportunities to develop new friendships and strengthen existing ones with other children and young people. There are many opportunities to develop skills like communication, countryside pursuits, movement and natural horsemanship.

## Hoof by Hoof

Hoof by Hoof is a mobile equine project based in Warwickshire offering Equine Facilitated Learning (EFL) and other related services for children, young people and adults who would prefer us to visit their venue. In the past we have visited day nurseries and care homes providing opportunities for people to connect with ponies and take part in EFL sessions.

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## Ready, Steady, Go

Ready, Steady Go is an innovative programme for families with children aged between 0-5 years who may have additional needs. The programme will take place in an outdoor, countryside environment and sessions will be centred around nature, ponies and the Early Years Foundation Stage (EYFS) framework.

## Let's Get Together

Let's Get Together (LG2)

Who is it for? - children and young people. LG2 is a youth club that encourages young people to get together to achieve great things in their community. We open up opportunities to explore horticulture, music, drama, equine facilitated learning, sports games, and other creative media. Through a variety of workshops we address the objectives; strengthening communities, developing leadership skills, focussing on citizenship and planning a team. LG2 is typically run on Wednesday evening.



Run by  
Jeff Bryan



## 3D Community

3D is a unique service which aims to help disabled/isolated/disadvantaged people in the community to live rich and fulfilling lives by helping them create and implement their own support plan. Our Facilitators work one to one with people to understand what they want out of their lives, achieve their goals and to help them overcome barriers and find solutions.

## Short breaks

Short breaks are to give young people a chance to get out and visit places and have fun. We have a range of activities from day trips to overnight stays. Please get in touch for more information.

## Enrich Your Day

We welcome people to come along to this informal group with participant led activities such as games, cooking, music and community trips. Enrich Your Day (EYD) is held every Thursday at the WI Hall in Dunchurch. The days runs from 10.30am until 3.30pm.

## 3D Transition Planning / Cooking Club / Gaming night

Call for more information

*Please speak to the Leaders for details on subsidised prices*

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